# BACKTO SCHOOL PLAN







### **SCHOOL PLAN** 2020-2021



We are thrilled to welcome our students back to campus this August. In light of COVID-19, we have implemented new routines and processes to minimize, though we cannot eliminate, the risks to students and employees. Based on current research, our efforts will focus on enhanced hygiene practices, health screening, physical distancing, and face coverings. As guidelines evolve, we will update our procedures and provide notification. These plans are subject to government and public health standards.

A Working Group of administrators, teachers, board members, and parents with specific expertise in the medical, legal and educational fields assisted in developing these plans. Our focus has always been and will continue to be on the safety of our school community and following government regulations.

#### Sandy Hodgson

TEACHING PRINCIPAL (5TH & 6TH GRADE)

### IN-PERSON LEARNING

Our intent is to begin classes in-person August 13 and 14 while ensuring Executive Orders and County Health Orders are followed. Students will be in cohorts based on their classroom. Cohorts will function independently from all other student cohorts. Each group of students will recess together, eat together, have passing time together, etc. Specials teachers (Art, P.E., Strings and Technology) will move between classes in an effort to slow the spread of COVID-19.

#### Plans include:

- For training purposes, we will conduct staggered start dates of August 13 and 14 from 8:15 a.m. to 1:15 p.m. Families will be assigned one of these start dates.
- School schedule, beginning August 17, Monday through Thursday, 8:15 a.m. to 3:30 p.m., Friday 8:15 a.m. to 12:15 p.m.
- Cohorting students by the same classroom of students so they can function independently as much as possible from other students.
- Assessing learning gaps upon reopening and give support.



### REMOTE LEARNING

While we are excited about returning to in-person learning, we recognize that circumstances may require us to shift to remote learning. Unlike this spring when we had to pivot to this model with very little preparation, we are ready for this possibility this coming school year. Vista Ridge Academy has provided and will continue to provide our teachers with opportunities for professional development to build their remote learning teaching skills. Should students need to transition from in-person learning to remote learning, families will be notified through our FACTS SIS communication system.

We recognize that not everyone is home with their children during the day, and many who are, have additional responsibilities to work from home during this time. We know some may not have the option to oversee their child(ren)'s learning experience during the day or connect to lessons at the time teachers are connecting. We will work with families to provide individual accommodations as needed.

#### Our Overarching Priorities for Remote Learning Include:

- Completion of learning objectives.
- Training for seamless transition.
- Structure and accountability for students and teachers.
- Synchronous activities (e.g., live Zoom calls) for live teaching, demonstrations/examples, small group instruction, conference/check-ins, student presentations, and social personal connections.
- Asynchronous learning (e.g., recorded lessons or activities) for student practice, reflection, online discussions, and content consolidation.
- Flexibility for students who cannot attend synchronous classes at the designated time.
- Connection among students and teachers to preserve our mission directives to encourage children to think creatively and critically, problem-solve and explore, collaborate with others, and develop strong character in accordance with our core values.



#### CREATING A SUCCESSFUL HOME LEARNING ENVIRONMENT

- Set up your student's learning space in a quiet area free of distractions, with access to internet and school supplies.
- Create a daily routine for your child. Sticking to a school day bedtime and wake-up times is important to maintain a school routine and structure.
- Check FACTS portal each day to learn about assignments and activities for the day.
- Plan for breaks during the learning day. Children should spend their breaks away from screens and allow for physical activity and play.
- Check-in with your child. Ensure your child is clear about the plan for the day and on the right path throughout the day and how the learning went and to plan for next steps.
- Support your child's independence as much as possible and let them grapple with the challenges of learning and solving problems. Self-direction builds confident, skills, and a sense of accomplishment.

#### **Technology Access**

Vista Ridge Academy will work with families needing technology devices individually, as needed.

#### **Required Devices**

Preschool, Pre-K and Kindergarten

- Tablet, Laptop or desktop with audio, microphone and webcam
- Headset with microphone

#### 1st and 2nd Grade

• Tablet, Laptop or desktop with audio, microphone and webcam

#### 3rd and 4th Grade

- Laptop or desktop with audio, microphone and webcam
- Headset with microphone

#### 5th and 6th Grade

• Laptop or desktop with audio, microphone and webcam

#### 7th and 8th Grade

• Laptop or desktop with audio, microphone and webcam

#### Learning Management Tools

To better streamline the remote learning experience for students and families, we will all utilize the following learning tools.

- FACTS School Portal
- FACTS LMS
- Zoom



#### Faith

- Students will have Bible class daily
- Students will optimize the bible class time to engage students in instruction and discussion
- The Principal will work with constituent church pastors to speak for virtual chapels on Fridays.

#### **Social Emotional Wellness**

- Opportunities for socializing such as "social lunches" will be purposefully built into school's virtual learning plans.
- Every student will also have one-on-one support from teachers in the form of teaching.
- A School counselor will be available to offer additional support for students who may be struggling with the virtual learning experience.
- Vista Ridge Academy will continually evaluate opportunities to support social well being of students.



#### SUPPORT YOUR CHILD'S WELLBEING

- Help your child stay connected to the community and their friends. One of the most powerful aspects of student life at school is the connections our students have among friends. During their time apart, even digital opportunities to communicate and connect with friends can sustain and support us through challenging times!
- Encourage your child to stay physically active and find opportunities for movement and play. Get outside for a family walk, visit a quiet park, or participate in our P.E. classes.
- Keep the lines of communication open. It is important to let your child's teacher or principal know if your child is having difficulty with their virtual learning experience. If your child is displaying signs of anxiety, touch base with your child's teacher or school counselor.
- Make time for fun activities. Beyond all else, find opportunities to slow down and enjoy the gift of time with your children. Board games, cards, puzzles, arts and crafts, and LEGOs are all great family activities!

#### **Student Expectations**

- Establish a daily routine for schoolwork in partnership with an adult family member.
- Check in FACTS School Portal and complete activities assigned by teachers independently or with parent support.
- These days should be treated as academic days focused on learning.
- Be prepared.
  - Device and power charger are on-hand and in good working order.
  - Ensure that the internal speakers, microphone, and webcam are functioning properly.
- The use of headsets or earbuds is recommended, especially if there are multiple people working in one room.
- Participate in classes as scheduled and complete assigned activities.

#### **Grading and Assessments**

Teachers will continue to employ both formative and summative assessments to provide students with feedback about their academic progress. Grading practices will continue as they are during on-site learning.

#### **Special Needs**

• Teachers will provide support to students who need interventions withn an active accommodation plan, 504, or ISP.

#### Schedules and Attendance

All students are expected to attend and participate in class and submit work for feedback and grades. Attendance will be taken at the beginning of each class meeting. It will not be factored into a grade but will be recorded for informational purposes. If families have extenuating circumstances, these circumstances need to be communicated to the student's teacher so individual accomodations can be made.

We recognize all families have unique circumstances. If a student is unable to engage in all or part of a weekly schedule, we ask that parents contact the classroom teacher or principal to discuss individual arrangements for the continuation of learning. We want to ensure all students receive the support they need.

### **Key Contacts**

#### **Questions About**

#### Contact

Remote Learning and general Sandy Hodgson, Principal shodgson@vistaridge.org concerns Shondra Cizek, Counselor Social emotional spiritual concern or anxiety scizek@vistaridge.org Technology-related issues Marsha Bartulec, Vice Principal mbartulec@vistaridge.org Preschool & Pre-K Teacher Nancy Cruz ncruz@vistaridge.org Early Childhood Aide Rebecca Murdock rmurdock@vistaridge.org Director of Early Childhood Sandy Hepp Kindergarten Teacher shepp@vistaridge.org 1st & 2nd Grade Marissa Van Keulen mvankeulen@vistaridge.org 3rd & 4th Grade Shondra Cizek scizek@vistaridge.org 5th & 6th Grade Sandy Hodgson shodgson@vistaridge.org 7th & 8th Grade Andrew Jones ajones@vistaridge.org Marit Guild Art, P.E., Technology mguild@vistaridge.org Holly Curtis Strings hcurtis@vistaridge.org

#### Remote Learning Schedule

#### Preschool, Pre-K and Kindergarten

Monday-Thursday

- 9:00 9:30 Morning Meeting/Bible
- 9:30 10:30 Reading
- 10:45 11:20 Math
- 11:30 1:00 Lunch and Specials
- 1:00 2:00 Science/Social Studies
- 2:00 3:00 Individual Instruction

#### Grades 1-8

Monday - Thursday

- 9:00 9:30 Morning Meeting/Bible for Grades 1-4, 7-8
- 9:30 11:00 Math
- 11:00 11:30 Science/Social Studies
- 11:30 1:00 Lunch and Specials
- 1:00 2:00 Language Arts
- 2:00 3:00 Individualized Instruction (Grades 5/6 Bible from 2:00 2:30)

#### All Grades

Friday

9:00 - 9:30 Chapel
9:30 - 11:00 Individualized Instruction as needed



# ENVIRONMENT

Healthy, Safe and Secure

As we welcome our Vista Ridge Academy family back to campus, we will do so with wise, datadriven guidelines that will ensure a healthy, safe, and secure environment for every student. COVID-19 will continue to be part of a new "normal" for the foreseeable future, so we have made plans that enable us to continue to deliver an excellent, adaptable education that can withstand any challenges the new year may provide.



### SARS-COV-2 AND SYMPTOMS

SARS-CoV-2 is the name of the novel (not previously identified) coronavirus that causes COVID-19. Coronaviruses are a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats and bats. In people, there are other coronaviruses that cause mild illnesses such as the common cold.

Rarely, animal coronaviruses can infect and spread between people, as has happened with SARS-CoV-2. The SARS-CoV-2 virus has its origins in bats. However, the exact source of this virus is unknown.

#### How viruses work

Viruses are common biological entities that invade host organisms and "hijack" their cells to replicate using the cell's own replication process. Viruses require a host cell to replicate. While most viruses don't cause disease, SARS-CoV-2 has the unique and dangerous combination of being very contagious and causing a wide range of symptoms- from none in some people to deadly in others.



#### Symptoms of COVID-19

Coronavirus disease 2019 ("COVID-19") is the name of the illness caused by the novel coronavirus, SARS-CoV-2. Our understanding of COVID-19 has and will continue to evolve. Currently, the <u>CDC lists the following signs and symptoms (Links to an external site.)</u>:

- cough
- shortness of breath or difficulty breathing
- fever or chills
- headache
- fatigue
- muscle pain
- sore throat
- new loss of taste or smell
- congestion or runny nose
- nausea or vomiting
- diarrhea

### Symptoms of Coronavirus (COVID-19)

#### Know the symptoms of COVID-19, which can include the following:



The incubation period (the time between being exposed and developing symptoms) is 2 to 14 days, with about 50% of people showing symptoms around day 5. SARS-COV-2 is considered a very contagious virus. Based on CDC estimates, without control measures in place, one person can infect 2-3 people with SARS-CoV-2, each of whom go on to infect 2-3 more. For comparison, one person with the seasonal flu can usually infect about 1 other person. SARS-COV-2 is considered a very contagious virus.

SARS-CoV-2 is spread directly, from person to person, or indirectly by touching contaminated objects. The virus can last up to 3 days on plastic and metal, and up to 24 hours on cardboard.

You can become infected by being in close personal contact, within about six feet, with someone who has COVID-19 or through respiratory droplets from someone coughing, sneezing or talking. You may also be able to get it by touching a surface or object that has the virus on it and then touching your mouth, nose or eyes before washing your hands.

New research suggests that the spread of the SARS-CoV-2 virus is enhanced by situations in which there is increased density of people, especially indoors. Examples of high density situations are public transportation, large social gatherings, common dining areas and group living situations.

#### How long are you contagious?

The infectious period is the time during which someone infected with SARS-CoV-2 can spread the virus to other people. For people with COVID-19, this period starts about 2 days before the first signs and symptoms of illness occur and lasts for 10 days or more.

- The end of the infectious period is defined as:
- 10 days since the onset (start) of symptoms
- AND symptoms are improving
- AND there has been no fever for 48 hours (without the use of fever-reducing medication)

Studies have shown that you may be most contagious about a day before you show any symptoms (He et al, 2020). It is very important to understand that you can spread the virus to others even if you don't have any symptoms of COVID-19.

#### What does it mean to be asymptomatic?

Asymptomatic means a person may be infected with a virus and never develop symptoms of the illness.

### PROTECT THE EAGLES' NEST

What you can do to protect your child

There is currently no vaccine to protect against COVID-19. The most effective ways to protect yourself and others, include:

- Frequently washing your hands with soap and warm water for at least 20 seconds or using an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoiding touching common surfaces as much as possible.
- Wearing a face covering over your nose and mouth when in public to contain your respiratory secretions (droplets from coughs and sneezes).
- Avoiding touching your face or eyes with unwashed hands.
- Maintaining at least 6 feet of physical distance from others and limiting your exposure to other people.
- Stay home and isolate yourself from others if you may have been exposed to the virus.



#### Hand Hygiene

#### Wash Your Hands

One of the best ways to avoid being exposed to the virus and other respiratory illnesses is to wash your hands often.

Wash your hands with soap and warm water for at least 20 seconds. Use running water and a clean towel or air dry them so you do not reintroduce germs to your clean hands. Antimicrobial soap is not necessary—just follow the hand washing steps.

Some people recommend singing "Happy Birthday" twice.

#### Use Hand Sanitizer

If soap and water aren't available, a hand sanitizer that contains at least 60% alcohol is a good alternative.

Hand sanitizer is available in the classrooms, entrances and hallways.

#### Face Masks

The CDC recommends wearing face coverings whenever leaving your home, regardless of whether you have symptoms. Face coverings prevent the spread of droplets when talking, sneezing or coughing and reduces the risk of exposure to the virus for the whole community.

#### Face Mask Tips and Best Practices

We recognize masks will be challenging for our students. However, to best support our ability to remain on campus, we feel it is important to start with best practices and refine our approach as we evaluate the policy in action. Your support will make a big difference in our success. Please start now to prepare your child for the experience of wearing a mask. Your children will take cues from you about this policy. We humbly ask that you try to share positivity as you discuss masks and the circumstances surrounding COVID-19 with your child(ren). Before school starts, provide opportunities for your child(ren) to practice wearing a mask for an hour or two each day and each time you leave the house.Talk to your child(ren) about being a leader in protecting their friends and teachers. They can be proud of taking part in keeping their community safe! Have some fun with it. Invite your child(ren) to take part in picking their masks or a fabric pattern that matches their interests.

#### <u>Mask Guidance</u>

All students in grades Preschool through 8th grade are required to wear masks in the school building (see Daily Routine section for more information). Plan to have at least five well-fitting masks available for each child so they can have a clean mask to wear each day. Masks can be cloth or disposable. Cloth masks must be a minimum of two-layers and fitted to the face, covering the nose and mouth. For a secure fit, select a design that loops around the ears or fastens behind the head and offers a flexible nose bridge.

#### See: CDC Guidance on Cloth Face Coverings

Students should wash their hands or use hand sanitizer following the removal of their mask prior to eating. Plan to pack a back-up mask in case one becomes soiled or uncomfortable. Regular opportunities for "mask breaks" will be planned throughout the school day. See uniform section in the daily routine for mask specifications and requirements..



#### **Physical Distancing**

Practicing physical distancing by keeping a distance of at least 6 feet from others outside of your immediate household is one of the best tools to stay healthy. That's roughly one eagle wingspan apart. People can be sick before they have symptoms or may not have symptoms at all so even though they may seem fine, they could be carrying the virus and spreading it to others.

#### Immunization and Flu Vaccine

Routine vaccination is an essential preventive care service for children and adolescents that should not be delayed because of the COVID-19 pandemic. All vaccines should be up to date to provide protection. Flu vaccines will not prevent COVID-19, but they will reduce the burden of flu illnesses. The CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Getting a flu vaccine during 2020-2021 will be more important than ever.

### PROTECT THE EAGLES' NEST

What the school is doing to protect your child

#### **Cleaning and Disinfecting**

The virus can persist on surfaces for a long time, so it is important to regularly clean surfaces that you might touch. For example:

Cardboard - 24 hours Plastic - 3 days Stainless steel - 3 days Aluminum (tin foil, cans) - 2 to 8 hours Glass (glasses, mirrors, windows) - Up to 5 days

Staff at Vista Ridge Academy are trained in best practices for cleaning and disinfection, and cleaning schedules have been modified to further enhance protections.

The building will be cleaned several times a day, deep-cleaned daily, with special attention given to high-traffic and high touch areas such as handrails, handles, and table-tops, and disinfected weekly using FDA approved cleaning supplies.

All interior doors will be propped open to reduce spreading germs and support ventilation. A partition will be used to separate staff and visitors in the front office.

Drinking fountains will be closed. Water bottles can be filled in the classrooms.

#### Air Circulation

Our air changes 10+ times per hour in occupied spaces. The room air is completely changed out 10 times every hour. The systems were just recently tuned and serviced with new filters. Our air circulation is in accordance with ASHRAE (American Society of Heating Refrigeration and Air Conditioning Engineers) and is endorsed by the EPA and health agencies.

#### **Physical Distancing on Campus**

In order to maintain three to six feet distance, furniture in classrooms, library, atrium area and break room will be rearranged or eliminated to maximize physical distancing between and among students and staff.

Classroom seating will be assigned to aid in contact tracing, as needed.

Staff members may not gather to eat in break rooms. A traffic flow will be established to help students maintain physical distance during transition periods.

Large group gatherings will be eliminated.

#### Cohorts

Students will be in cohorts based on their classroom. Cohorts will function independently from all other student cohorts. Each group of students will recess together, eat together, have passing time together, etc. Specials teachers (Art, P.E., Strings and Technology) will move between classes in an effort to slow the spread of COVID-19.

#### **Health Screenings**

Staff and students will be expected to self-screen for illness to determine whether it is safe to come to school. The CDC Daily Home Screening for Students should be used. Students will have their temperatures checked as they enter the school building.



#### **Case Definitions and School Response**

**Confirmed Case**: A case in a person who has tested positive for the COVID-19 virus using certain laboratory tests (usually PCR).

#### Response:

- School contacts School Nurse and local public health department.
- Staff/student stays home until released from isolation (usually 10 days after symptom
- onset, 24+ hours fever-free, and improving symptoms).
- Class/cohort stays home for a 14-day quarantine.

**Probable Case:** A case in a person who has COVID-like symptoms without another diagnosis AND close contact with a confirmed or probable case of COVID-19 case. Staff, student or parent or caregiver answers YES to any question in Section 1 and YES to any question in Section 2 of the CDC Daily Home Screening for Students.

#### **Response:**

- School contacts School Nurse and local public health department. Staff/student stays home until released from isolation (usually 10 days after symptom onset, 24+ hours fever-free, and improving symptoms).
- Staff/students should be referred for evaluation by their healthcare provider and possible testing. Students who have received a negative test result will be allowed to return to school once their symptoms have otherwise improved in accordance with existing school illness policies.
- Staff/students without negative test results should stay home, isolate themselves from others, monitor their health, and follow directions from the state and local health department.
- Be advised that the local health department may contact the family for contact tracing. If contacted, families should notify the contract tracer that the student attended school.
- Class/cohort stays home for a 14-day quarantine.

**Symptom Case:** A person who has COVID-like symptoms. Staff, student or parent or caregiver answers YES to any questions in Section 1 and NO to any questions in Section 2 of the CDC Daily Home Screening for Students.

#### **Response:**

School contacts School Nurse and local public health department to assess symptom case to determine next steps, i.e. quarantine the Staff/student, cohort, etc. The student would be excused from school in accordance with existing school illness policies (e.g., until symptom-free for 24 hours without fever reducing medications. Students who are excluded from school will be afforded the opportunity, as soon as feasible when they are well enough to participate in classwork, to make up any missed classwork without penalty in order to reduce mental or physical anxieties about missed academic opportunities.

Public Health guidelines will include symptoms that could be things other than COVID-19. For the 2020-2021 school year we expect all families understand our shared responsibility and act with an abundance of caution. We are asking any community member who does not feel well please stay home until its nature can be ascertained.

#### What to do if your child gets sick at school

Some students may develop symptoms of infectious illness while at school. Vista Ridge Academy will take action to isolate students who develop these symptoms from other students and staff.

We will follow our current illness management policy to minimize transmission to others, to optimize learning opportunities, and to allow for these symptoms to resolve (at least 24 hours without fever reducing medications or in accordance with existing school illness policy).

Students who develop any of the symptoms in Section 1of the CDC Daily Home Screening while at school will be placed in an isolation area separate from staff and other students (One of the two Health Rooms located in main office). The School Nurse and public health department will be called to determine next steps. Parents will be notified of next steps.

Students identified at school who develop any of the symptoms in Section 1 AND answer YES to any of the questions in Section 2 will be placed in an isolation area separate from staff and other students (One of the two Health Rooms located in the main office). The School Nurse and public health department will be called to determine next steps. Students will be sent home or to a healthcare facility if symptoms indicate a need for further evaluation.



# YOUR CHILD'S EXPERIENCE

Daily Outline

**Before You Come to School** 

Conduct a Wellness Check:

- Assess Your Uniform
- Shirts--Vista Ridge Academy polos or oxfords from Lands' End
- Pants/Shorts-Khaki or Gray from Lands' End or other uniform supplier (no cargo)
- Skirts/Dresses/Jumpers-from Lands' End
- Shoes/Socks/Accessories—according to School Uniform Dress Code
- Masks (two layered with ear straps)—It is recommend you wash masks after one-day use. Consider buying several so you do not have to wash daily and in the event of loss. Choose patterns that align with our core values. No gators or valve masks.
- Mondays—Students are encouraged to wear the maroon uniform polo for Maroon Mondays. They may also wear the Vista Ridge Academy maroon t-shirt for Maroon Monday (available for purchase in the front office while supplies last)
- Tuesday/Thursday—Make sure students have proper athletic shoes (and jackets for cooler weather) for PE classes. Students in Grades 5-8 will NOT change at school for PE and should come to school in their Vista Ridge Academy PE uniforms. (Please see the last page of the complete dress code for required attire for PE for Grades 5-8.)
- Fridays—Formal Uniforms will be suspended for first quarter but formal uniform pieces can be worn at any time.
- It is recommended student uniforms are washed after one-day use.

#### Supplies Check:

- Homework, textbooks, school supplies
- Violin
- Clean water bottle
- Lunch
- Leave personal toys at home

#### Entering the School Building

- Doors open at 7:45 a.m.
- Parents/Guardians may not enter the building. Parents of students in Grades 1-8 may drop
- Their child off at the front entrance to get in line for entry. Parent of students in Preschool-Kindergarten should park in the parking lot and check their student in at the east end entrance.
- Masks are required for parents and students while dropping off, as well as maintaining 6 feet of physical distance.
- Students in Grades 1-8 will enter the main entrance. Students in Preschool-Kindergarten will enter the east end entrance.
- Greeting etiquette will be taught to students on their first day of school. Bring your supplies with you as you enter the first set of doors.
- Have your temperature checked. (Another temperature check will be taken midday.)After clearance, pass through the second set of doors.
- Move to your classroom and put your things away.
- Wash your hands.
- Wait for instructions from your teacher.
- Students arriving after 8:15 a.m. will need to call the front office to be let in (303.828.4944).

#### **Classroom Activities**

- Maintain a respectful distance (6 feet) from other students.
- Wear your mask in the building.
- Use only your supplies.
- Wash hands often.
- Follow proper etiquette if coughing/sneezing.

#### Technology

- Use only technology that you have been assigned.
- Disinfect as instructed when finished.

#### **Bathroom Breaks**

- Take breaks as assigned by the teacher.
- Wear your mask.
- Wash and dry your hands following the posted guidelines.

#### Lockers and Drinking Fountains

- Lockers/Cubbies will be assigned at this time ONLY to hang a jacket/lunch box on an outside hook (provided).
- Drinking Fountains are closed. Students will need a water bottled that can be filled from classroom sinks.

#### **Recess Breaks**

- Follow the guidelines for exiting the building.
- After transitioning from the classroom through the hallway to outside, students may take off masks once outside. Masks will be placed in the student's individual bag/container.
- Keep appropriate distances.
- The following will not be permitted at this time (tag, soccer, basketball, close contact activities).
- Wash hands following guidelines upon entering the building.

#### Specials (Art, PE, Technology, Strings)

- Specials teachers will conduct classes in the homeroom, Art room, and outside during the first phase of our return to school.
- PE classes will be held outside so please dress for changes in the weather.

#### Lunch

- Wash hands before eating.
- There will be no hot lunch program during the first phase of our return to school.
- Lunch will be eaten in the classroom at your desks or outside. Masks will be taken off. Masks will be stored in the student's individual paper bag/container.
- At the beginning of the school year, parents are asked to provide lunches that do not require a microwave so students can go straight outside and not spend the entire lunch period at the microwave.
- Refrigeration will not be available.No sharing of food.
- Wash hands after the end of lunch.



#### Leaving school at the end of the day

- Gather all supplies that need to go home:
  - Homework
  - Lunch box and water bottle
  - Jackets
- Wait for your name to be called for pick up.
- Preschool-Kindergarten parents need to park in the parking lot and get in line at the east end to sign out their child. If you have a student in Grades 1-8 as well, please pick up your child first from the east entrance and then the front office will call for your other child/children.
- Students in Grades 1-8 will exit through the main doors.
- Exit the building following guidelines.
- Masks are required for parents and students while picking up, as well as maintaining 6 feet of physical distance.



### PROMISE TO PROTECT THE EAGLES' NEST

I will...

#### Protect my family by:

- Making sure we regularly wash our hands with soap and water or using hand sanitizer,
- Avoiding unnecessary exposure to large groups of people, especially when physical distancing is not possible, and
- Monitoring my family for symptoms of COVID-19 and reporting to a medical professional if we experience related symptoms.

#### Protect the Eagles' Nest by:

- Staying home if we feel sick, if we have tested positive for COVID-19 or if we have been in close contact to someone who is ill,
- Maintaining physical distancing on and off campus, and
- Wearing appropriate face coverings and other protective items as directed by the school or a public health order.

#### Protect our community by:

- Regularly disinfecting shared living spaces and common areas
- Participating in testing and contact tracing, and
- Complying with public health orders and school policy.

As Eagles, we treat one another with care and dignity and challenge those whose language or actions discriminate against others.

#### Protect our Eagles' Nest. We are Eagles together.